

AN INTEGRAL INEQUALITY FOR POLYNOMIALS

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ABSTRACT

In this paper, a compact generalization of certain known L_p inequalities for polynomials is obtained, which refine some results due to De-Bruijn, Boas and Rahman and others.

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1. INTRODUCTION AND STATEMENT OF RESULTS

Let $P_n(z)$ denote the space of all complex polynomials $P(z) = \sum_{j=1}^n a_j z^j$ of degree n . For $P \in P_n$, define

$$\|P(z)\|_p := \left\{ \frac{1}{2\pi} \int_0^{2\pi} |P(e^{i\theta})|^p d\theta \right\}^{1/p}, \quad p \geq 1$$

and

$$\|P(z)\|_\infty := \max_{|z|=1} |P(z)|.$$

If $P \in P_n$, then according to a famous result known as Bernstein's inequality (for reference see [13, 16, 18]),

$$\|P'(z)\|_\infty \leq n \|P(z)\|_\infty, \tag{1}$$

whereas concerning the maximum modulus of $P(z)$ on the circle $|z|=R>1$, we have

$$\|P(Rz)\|_\infty \leq R^n \|P(z)\|_\infty \tag{2}$$

Inequality (2) is a simple deduction from maximum modulus principle (see [13, p.442] or [14, Vol I, p.137]).

Inequalities (1) and (2) can be obtained by letting $p \rightarrow \infty$ in the inequalities

$$\|P'(z)\|_p \leq n \|P(z)\|_p, \quad p \geq 1 \tag{3}$$

and

$$\|P(Rz)\|_p \leq R^n \|P(z)\|_p, \quad R > 1, p > 0 \tag{4}$$

respectively. Inequality (3) was found by Zygmund [19], whereas inequality (4) is a simple consequence of a result of Hardy [10] (see also [16, Th.5.5]). Arestov [2] proved that (3) remains true for $0 < p < 1$ as well.

If we restrict ourselves to the class of polynomials $P \in P_n$, having no zero in $|z| < 1$, then the inequalities (1) and (2) can be sharpened. In fact, if $P(z) \neq 0$ in $|z| < 1$, then (1) and (2) can be respectively replaced by

$$\|P'(z)\|_\infty \leq \frac{n}{2} \|P(z)\|_\infty \tag{5}$$

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and

$$\|P(Rz)\|_{\infty} \leq \frac{R^n + 1}{2} \|P(z)\|_{\infty}, R > 1. \quad (6)$$

Inequality (5) was conjectured by Erdős and later verified by Lax [12]. Ankin and Rivlin [1] used inequality (5) to prove inequality (6).

Both the inequalities (5) and (6) can be obtained by letting $p \rightarrow \infty$ in the inequalities

$$\|P'(z)\|_p \leq n \frac{\|P(z)\|_p}{\|1+z\|_p}, \quad p \geq 0, \quad (7)$$

and

$$\|P(Rz)\|_p \leq \frac{\|R^n z + 1\|_p}{\|1+z\|_p} \|P(z)\|_p, R > 1, p > 0. \quad (8)$$

Inequality (7) is due to De Bruijn [9] for $p \geq 1$. Rahman and Schmeisser [15] extended it for $0 < p < 1$, whereas the inequality (8) was proved by Boas and Rahman [8] for $p \geq 1$ and later extended for $0 < p < 1$ by Rahman and Schmeisser [15].

Aziz and Dawood [3] refined both the inequalities (5) and (6) by showing that if $P \in P_n$, and $P(z)$ does not vanish in $|z| < 1$ and $m = \min_{|z|=1} |P(z)|$, then

$$\|P'(z)\|_{\infty} \leq \frac{n}{2} \left\{ \|P(z)\|_{\infty} - m \right\}, \quad (9)$$

and

$$\|P(Rz)\|_{\infty} \leq \frac{R^n + 1}{2} \left\{ \|P(z)\|_{\infty} - m \right\}. \quad (10)$$

As a compact generalization of the inequalities (3), (4), (5), (6), recently Aziz and Rather [7] proved that if $P \in P_n$ and $P(z)$ does not vanish in $|z| < 1$, then for arbitrary real or complex numbers α and β with $|\alpha| \leq 1$, $|\beta| \leq 1$, $R > r \geq 1$ and $p > 0$,

$$\|P(Rz) + \phi(R, r, \alpha, \beta) P(rz)\|_p \leq \frac{C_p \|P(z)\|_p}{\|1+z\|_p} \quad (11)$$

where

$$C_p = \left\| \left(R^n + \phi(R, r, \alpha, \beta) r^n \right) z + \left(1 + \phi(R, r, \alpha, \beta) \right) \right\|_p \quad (12)$$

and

$$\phi(R, r, \alpha, \beta) = \beta \left\{ \left(\frac{R+1}{r+1} \right)^n - |\alpha| \right\} - \alpha \quad (13)$$

In this paper, we prove the following interesting result which includes not only a generalization of the inequality (11) as a special case but also leads to some refinements and generalizations of certain known polynomial inequalities.

Theorem 1: If $P \in P_n$, does not vanish in $|z| < 1$ and $m = \min_{|z|=1} |P(z)|$, then for arbitrary complex numbers α, β, δ with $|\alpha| \leq 1$, $|\beta| \leq 1$, $|\delta| \leq 1$, $R > r \geq 1$ and $p > 0$,

$$\|P(Rz) + \phi(R, r, \alpha, \beta) P(rz) + \delta m \frac{R^n + \phi(R, r, \alpha, \beta) r^n - |1 + \phi(R, r, \alpha, \beta)|}{2}\|_p \leq \frac{C_p}{\|1+z\|_p} \|P(z)\|_p, \quad (14)$$

where C_p and $\phi(R, r, \alpha, \beta)$ are defined by (12) and (13) respectively. The result is best possible and the equality in (14) holds for the polynomial $P(z) = az^n + b$, where $|a| = |b| = 1$.

Theorem 1 has various interesting consequences. Here we mention few of these.

For $\delta = 0$, the inequality (14) reduces to inequality (11). Next, we mention the following compact generalization of inequalities (5), (6), (7), (8), (9) and (10), which follows from Theorem 1 by setting $\beta = 0$.

Corollary 1: If $P \in P_n$ does not vanish in $|z| < 1$ and $m = \min_{|z|=1} |P(z)|$, then for arbitrary complex numbers α, δ with $|\alpha| \leq 1, |\delta| \leq 1, R > r \geq 1$ and $p > 0$,

$$\|P(Rz) - \alpha P(rz) + \frac{\delta}{2} (|R^n - \alpha r^n| - |1 - \alpha|) m\|_p \leq \frac{\|(R^n - \alpha r^n)z + (1 - \alpha)\|_p}{\|1 + z\|_p} \|P\|_p. \quad (15)$$

The result is best possible and equality in (15) holds for $P(z) = z^n + 1$.

Remark 1: Corollary 3 includes as a special case a result due to Rather [17, Theorem 1], which is obtained by taking $\alpha = 0$ in (15).

Next if we set $\alpha = 1$ and divide two sides of (15) by $R - r$ and let $R \rightarrow r$, we obtain,

Corollary 2: If $P \in P_n$ does not vanish in $|z| < 1$ and $m = \min_{|z|=1} |P(z)|$, then for each $p > 0$ and $r \geq 1$,

$$\|z P'(rz) + \frac{\delta}{2} n m r^{n-1}\|_p \leq \frac{n r^{n-1}}{\|1 + z\|_p} \|P(z)\|_p.$$

The result is sharp.

Corollary 2 is an interesting generalization of inequality (7) due to De Bruijn [9]. Inequality (8) can also be obtained from inequality (15) by setting $\alpha = \delta = 0$.

Making $p \rightarrow \infty$ in (14) and choosing the argument of δ with $|\delta| = 1$ suitably, we obtain:

Corollary 3: If $P \in P_n$ does not vanish in $|z| < 1$, then for $\alpha, \beta \in \mathbb{C}$ with $|\alpha| \leq 1, |\beta| \leq 1$ and $R > r \geq 1$,

$$\begin{aligned} \|P(Rz) + \phi(R, r, \alpha, \beta) P(rz)\|_\infty &\leq \left\{ \frac{|R^n + \phi(R, r, \alpha, \beta) r^n| + |1 + \phi(R, r, \alpha, \beta)|}{2} \right\} \|P(z)\|_\infty \\ &\quad - \left\{ \frac{|R^n + \phi(R, r, \alpha, \beta) r^n| - |1 + \phi(R, r, \alpha, \beta)|}{2} \right\} \min_{|z|=1} |P(z)|, \end{aligned} \quad (16)$$

where $\phi(R, r, \alpha, \beta)$ is the same as defined in Theorem 1. The result is sharp and the equality holds for $P(z) = a z^n + b$, where $|a| = |b| = 1$.

Corollary 3 is a refinement as well as a generalization of a result due to Aziz and Rather [4, Theorem 3]. For $\alpha = \beta = 0$, it reduces to (10). If we divide the two sides of inequality (16) by $R - r$ with $\alpha = 1 = r$ and let $R \rightarrow r$, we get inequality (9).

Finally we mention the result which is a refinement as well as a generalization of a result due to Jain [11, Theorem 2], which follows from corollary 3 as a special case.

Corollary 4: If $P \in P_n$, does not vanish in $|z| < 1$ and $m = \min_{|z|=1} |P(z)|$, then for every $\beta \in \mathbb{C}$ with $|\beta| \leq 1, R > r \geq 1$ and for $|z| = 1$,

$$\left| z P'(rz) + \frac{n\beta}{1+r} P(rz) \right| \leq \frac{n}{2} \left(\left| r^{n-1} + \beta \frac{r^n}{1+r} \right| + \left| \frac{\beta}{1+r} \right| \right) \|P\|_\infty - \frac{n}{2} \left(\left| r^{n-1} + \beta \frac{r^n}{1+r} \right| - \left| \frac{\beta}{1+r} \right| \right) m \quad (17)$$

and

$$\left| P(Rz) + \beta \left(\frac{R+1}{r+1} \right)^n P(rz) \right| \leq \frac{1}{2} \left[\left| R^n + \beta \left(\frac{R+1}{r+1} \right)^n r^n \right| + \left| 1 + \beta \left(\frac{R+1}{r+1} \right)^n \right| \right] \|P\|_{\infty} - \left[\left| R^n + \beta \left(\frac{R+1}{r+1} \right)^n r^n \right| - \left| 1 + \beta \left(\frac{R+1}{r+1} \right)^n \right| \right] m \quad (18)$$

The result is sharp and the extremal polynomial is $P(z) = az^n + b$ where $|a| = |b| = 1$.

2. LEMMAS

For the proofs of these theorems, we need the following lemmas.

Lemma 1: If $F(z)$ is a polynomial of degree n having all its zeros in $|z| \leq 1$ and $f(z)$ is a polynomial of degree at most n such that

$$|f(z)| \leq |F(z)| \quad \text{for } |z|=1,$$

then for every $R > r \geq 1$, $\alpha, \beta \in \mathbb{C}$ with $|\alpha| \leq 1$, $|\beta| \leq 1$ and $|z| \geq 1$,

$$|f(Rz) + \phi(R, r, \alpha, \beta) f(rz)| \leq |F(Rz) + \phi(R, r, \alpha, \beta) F(rz)| \quad (19)$$

where $\phi(R, r, \alpha, \beta)$ is defined by (13).

Lemma 1 is due to A.Aziz and N.A. Rather [7].

Lemma 2: If $P(z)$ is a polynomial of degree n having all its zeros in $|z| \leq 1$ and $m = \min_{|z|=1} |P(z)|$, then for every $R > r \geq 1$, $\alpha, \beta \in \mathbb{C}$ with $|\alpha| \leq 1$, $|\beta| \leq 1$ and $|z| \geq 1$,

$$|P(Rz) + \phi(R, r, \alpha, \beta) P(rz)| \geq m \left| R^n + \phi(R, r, \alpha, \beta) r^n \right| |z|^n \quad (20)$$

where $\phi(R, r, \alpha, \beta)$ is defined by (13).

Proof of Lemma 2: For $m=0$, there is nothing to prove. Assume $m > 0$, so that all the zeros of $P(z)$ lie in $|z| < 1$ and we have

$$m |z|^n \leq |P(z)| \quad \text{for } |z|=1.$$

Applying Lemma 2 with $F(z)$ replaced by $P(z)$ and $f(z)$ by $m z^n$, we obtain for $|z| \geq 1$,

$$m \left| R^n z^n + \phi(R, r, \alpha, \beta) r^n z^n \right| \leq |P(Rz) + \phi(R, r, \alpha, \beta) P(rz)|.$$

That is,

$$|P(Rz) + \phi(R, r, \alpha, \beta) P(rz)| \geq m |z|^n \left| R^n + \phi(R, r, \alpha, \beta) r^n \right|$$

for $\alpha, \beta \in \mathbb{C}$ with $|\alpha| \leq 1$, $|\beta| \leq 1$, $R > r \geq 1$ and $|z| \geq 1$. That proves Lemma 2.

Lemma 3: If $P \in P_n$ does not vanish in $|z| < 1$ and $m = \min_{|z|=1} |P(z)|$, then for every $R > r \geq 1$, $\alpha, \beta \in \mathbb{C}$ with $|\alpha| \leq 1$, $|\beta| \leq 1$ and $|z| = 1$,

$$\left| P(Rz) + \phi(R, r, \alpha, \beta) P(rz) \right| \leq \left| Q(Rz) + \phi(R, r, \alpha, \beta) Q(rz) \right| - \left| R^n + \phi(R, r, \alpha, \beta) r^n \right| - \left| 1 + \phi(R, r, \alpha, \beta) \right| m \quad (21)$$

where $Q(z) = z^n \overline{P(1/\bar{z})}$.

Proof of Lemma 3: Since $m = \min_{|z|=1} |P(z)|$, we have

$$m \leq |P(z)| \text{ for } |z|=1.$$

Therefore, for every complex number λ with $|\lambda| < 1$, the polynomial $H(z) = P(z) - \lambda m$ of degree n does not vanish in $|z| < 1$. If

$$G(z) = z^n \overline{H(1/\bar{z})} = Q(z) - \bar{\lambda} m z^n,$$

then all the zeros of polynomial $G(z)$ of degree n lie $|z| \leq 1$ and

$$|H(z)| = |G(z)| \text{ for } |z|=1.$$

Applying Lemma 1 with $f(z)$ replaced by $H(z)$ and $F(z)$ by $G(z)$, we get for every $R > r \geq 1$, $\alpha, \beta \in \mathbb{C}$ with $|\alpha| \leq 1$, $|\beta| \leq 1$ and $|z| \geq 1$,

$$\left| H(Rz) + \phi(R, r, \alpha, \beta) H(rz) \right| \leq \left| G(Rz) + \phi(R, r, \alpha, \beta) G(rz) \right|.$$

That is,

$$\begin{aligned} & \left| P(Rz) + \phi(R, r, \alpha, \beta) P(rz) - \lambda m \{1 + \phi(R, r, \alpha, \beta)\} \right| \\ & \leq \left| Q(Rz) + \phi(R, r, \alpha, \beta) Q(rz) - \bar{\lambda} m z^n \{R^n + \phi(R, r, \alpha, \beta) r^n\} \right| \end{aligned} \quad (22)$$

for every $R > r \geq 1$, $\alpha, \beta \in \mathbb{C}$ with $|\alpha| \leq 1$, $|\beta| \leq 1$ and $|z| \geq 1$. Since all the zeros of $Q(z)$ lie in $|z| \leq 1$, we choose argument of λ with $|\lambda| < 1$, such that

$$\begin{aligned} & \left| Q(Rz) + \phi(R, r, \alpha, \beta) Q(rz) - \bar{\lambda} m z^n \{R^n + \phi(R, r, \alpha, \beta) r^n\} \right| \\ & = \left| Q(Rz) + \phi(R, r, \alpha, \beta) Q(rz) \right| - |\lambda| m \left| R^n + \phi(R, r, \alpha, \beta) r^n \right| |z|^n \end{aligned}$$

for $|z| \geq 1$, which is possible by Lemma 3, we have from (22),

$$\begin{aligned} & \left| P(Rz) + \phi(R, r, \alpha, \beta) P(rz) \right| - |\lambda| m \left| 1 + \phi(R, r, \alpha, \beta) \right| \\ & = \left| Q(Rz) + \phi(R, r, \alpha, \beta) Q(rz) \right| - |\lambda| m \left| R^n + \phi(R, r, \alpha, \beta) r^n \right| |z|^n \end{aligned} \quad (23)$$

for $|z| \geq 1$. Equivalently for every $R > r \geq 1$, $\alpha, \beta \in \mathbb{C}$ with $|\alpha| \leq 1$, $|\beta| \leq 1$ and $|z| \geq 1$,

$$\begin{aligned} & \left| P(Rz) + \phi(R, r, \alpha, \beta) P(rz) \right| \leq \left| Q(Rz) + \phi(R, r, \alpha, \beta) Q(rz) \right| \\ & \quad - |\lambda| \left| R^n + \phi(R, r, \alpha, \beta) r^n \right| |z|^n - \left| 1 + \phi(R, r, \alpha, \beta) \right| m. \end{aligned}$$

Letting $|\lambda| \rightarrow 1$, we get the conclusion of lemma 4.

We also need the following two Lemmas due to A.Aziz and N.A.Rather [8, 9].

Lemma 4 [7]: If $P \in \mathcal{P}_n$, then for arbitrary real or complex numbers α, β , with $|\alpha| \leq 1$, $|\beta| \leq 1$, $R > r \geq 1$, $p > 0$ and γ real,

$$\int_0^{2\pi} |P(Re^{i\theta}) + \phi(R, r, \alpha, \beta)P(re^{i\theta}) + e^{i\gamma}\{R^n P(e^{i\theta}/R) + \phi(R, r, \bar{\alpha}, \bar{\beta})r^n P(e^{i\theta}/r)\}|^p d\theta$$

$$\leq |R^n + \phi(R, r, \alpha, \beta)r^n + e^{i\gamma}(1 + \phi(R, r, \bar{\alpha}, \bar{\beta})r^n)| \int_0^{2\pi} |P(e^{i\theta})| d\theta. \quad (24)$$

The result is sharp and the extremal polynomial is $P(z) = \lambda z^n$, $\lambda \neq 0$.

Lemma 5 [6]: If A, B, C are non-negative real numbers with $B+C \leq A$, then for every real number α ,

$$|(A-C)e^{i\alpha} + (B+C)| \leq |Ae^{i\alpha} + B|.$$

3. PROOF OF THE THEOREM

Proof of Theorem 1: By hypothesis $P \in \mathcal{P}_n$ and $P(z) \neq 0$ in $|z| < 1$, therefore by Lemma 3, we have for arbitrary real or complex numbers α, β , with $|\alpha| \leq 1, |\beta| \leq 1, R > r \geq 1$ and $0 \leq \theta < 2\pi$,

$$|P(Re^{i\theta}) + \phi(R, r, \alpha, \beta)P(re^{i\theta})| \leq |Q(Re^{i\theta}) + \phi(R, r, \alpha, \beta)Q(re^{i\theta})|$$

$$- \left\{ |R^n + \phi(R, r, \alpha, \beta)r^n| - |1 + \phi(R, r, \alpha, \beta)| \right\} m$$

where $m = \min_{|z|=1} |P(z)|$, $Q(z) = z^n \overline{P(1/\bar{z})}$ and $\phi(R, r, \alpha, \beta)$ is defined by (13). This implies,

$$|P(Re^{i\theta}) + \phi(R, r, \alpha, \beta)P(re^{i\theta})| \leq \left| R^n P\left(\frac{e^{i\theta}}{R}\right) + \phi(R, r, \bar{\alpha}, \bar{\beta})r^n P\left(\frac{e^{i\theta}}{r}\right) \right|$$

$$- \left\{ |R^n + \phi(R, r, \alpha, \beta)r^n| - |1 + \phi(R, r, \alpha, \beta)| \right\} m \quad (25)$$

which gives,

$$|P(Re^{i\theta}) + \phi(R, r, \alpha, \beta)P(re^{i\theta})| + \frac{m}{2} \left\{ |R^n + \phi(R, r, \alpha, \beta)r^n| - |1 + \phi(R, r, \alpha, \beta)| \right\}$$

$$\leq \left| R^n P(e^{i\theta}/R) + \phi(R, r, \bar{\alpha}, \bar{\beta})r^n P(e^{i\theta}/r) \right| - \frac{m}{2} \left\{ |R^n + \phi(R, r, \alpha, \beta)r^n| - |1 + \phi(R, r, \alpha, \beta)| \right\} \quad (26)$$

Taking

$$A = \left| R^n P\left(\frac{e^{i\theta}}{R}\right) + \phi(R, r, \bar{\alpha}, \bar{\beta})r^n P\left(\frac{e^{i\theta}}{r}\right) \right|,$$

$$B = |P(Re^{i\theta}) + \phi(R, r, \alpha, \beta)P(re^{i\theta})|,$$

$$\text{and } C = \frac{|R^n + \phi(R, r, \alpha, \beta)r^n| - |1 + \phi(R, r, \alpha, \beta)|}{2} m$$

in Lemma 5 and noting by (26), that $B+C \leq A$, we obtain for every real γ ,

$$\left\{ \left| R^n P\left(\frac{e^{i\theta}}{R}\right) + \phi(R, r, \bar{\alpha}, \bar{\beta})r^n P\left(\frac{e^{i\theta}}{r}\right) \right| - \left(\frac{|R^n + \phi(R, r, \alpha, \beta)r^n| - |1 + \phi(R, r, \alpha, \beta)|}{2} m \right) \right\} e^{i\gamma}$$

$$+ \left\{ |P(Re^{i\theta}) + \phi(R, r, \alpha, \beta)P(re^{i\theta})| + \left(\frac{|R^n + \phi(R, r, \alpha, \beta)r^n| - |1 + \phi(R, r, \alpha, \beta)|}{2} m \right) \right\}$$

$$\leq \left| \left| R^n P(e^{i\theta}/R) + \phi(R, r, \bar{\alpha}, \bar{\beta}) r^n P(e^{i\theta}/r) \right| e^{i\gamma} + \left| P(R e^{i\theta}) + \phi(R, r, \alpha, \beta) P(r e^{i\theta}) \right| \right|$$

This implies for each $p > 0$,

$$\int_0^{2\pi} |F(\theta) + e^{i\gamma} G(\theta)|^p d\theta \leq \int_0^{2\pi} \left| \left| R^n P(e^{i\theta}/R) + \phi(R, r, \bar{\alpha}, \bar{\beta}) r^n P(e^{i\theta}/r) \right| e^{i\gamma} + \left| P(R e^{i\theta}) + \phi(R, r, \alpha, \beta) P(r e^{i\theta}) \right| \right|^p d\theta \quad (27)$$

$$F(\theta) = \left| P(R e^{i\theta}) + \phi(R, r, \alpha, \beta) P(r e^{i\theta}) \right| + \frac{\left| R^n + \phi(R, r, \alpha, \beta) r^n \right| - \left| 1 + \phi(R, r, \alpha, \beta) \right|}{2} m$$

where

$$\text{and } G(\theta) = \left| R^n P\left(\frac{e^{i\theta}}{R}\right) + \phi(R, r, \bar{\alpha}, \bar{\beta}) r^n P\left(\frac{e^{i\theta}}{r}\right) \right| - \frac{\left| R^n + \phi(R, r, \alpha, \beta) r^n \right| - \left| 1 + \phi(R, r, \alpha, \beta) \right|}{2} m$$

Integrating both sides of (27) with respect to γ from 0 to 2π , we get with the help of lemma 4, for each $p > 0$, $R > r \geq 1$, $|\alpha| \leq 1$, $|\beta| \leq 1$ and γ real,

$$\begin{aligned} \int_0^{2\pi} \int_0^{2\pi} |F(\theta) + e^{i\gamma} G(\theta)|^p d\theta d\gamma &\leq \int_0^{2\pi} \int_0^{2\pi} \left| \left| R^n P(e^{i\theta}/R) + \phi(R, r, \bar{\alpha}, \bar{\beta}) r^n P(e^{i\theta}/r) \right| e^{i\gamma} + \left| P(R e^{i\theta}) + \phi(R, r, \alpha, \beta) P(r e^{i\theta}) \right| \right|^p d\theta d\gamma \\ &\leq \int_0^{2\pi} \left\{ \int_0^{2\pi} \left| \left| R^n P(e^{i\theta}/R) + \phi(R, r, \bar{\alpha}, \bar{\beta}) r^n P(e^{i\theta}/r) \right| e^{i\gamma} + \left| P(R e^{i\theta}) + \phi(R, r, \alpha, \beta) P(r e^{i\theta}) \right| \right|^p d\gamma \right\} d\theta \\ &\leq \int_0^{2\pi} \left\{ \int_0^{2\pi} \left| (R^n P(e^{i\theta}/R) + \phi(R, r, \bar{\alpha}, \bar{\beta}) r^n P(e^{i\theta}/r)) e^{i\gamma} + P(R e^{i\theta}) + \phi(R, r, \alpha, \beta) P(r e^{i\theta}) \right|^p d\gamma \right\} d\theta \\ &\leq \int_0^{2\pi} \left\{ \int_0^{2\pi} \left| (R^n P(e^{i\theta}/R) + \phi(R, r, \bar{\alpha}, \bar{\beta}) r^n P(e^{i\theta}/r)) e^{i\gamma} + P(R e^{i\theta}) + \phi(R, r, \alpha, \beta) P(r e^{i\theta}) \right|^p d\theta \right\} d\gamma \\ &\leq \int_0^{2\pi} \left| R^n + \phi(R, r, \alpha, \beta) r^n + e^{i\gamma} (1 + \phi(R, r, \bar{\alpha}, \bar{\beta})) \right|^p d\gamma \int_0^{2\pi} |P(e^{i\theta})|^p d\theta \quad (28) \end{aligned}$$

Now for every real γ , $t \geq 1$ and $p > 0$, we have

$$\int_0^{2\pi} |t + e^{i\gamma}|^p d\gamma \geq \int_0^{2\pi} |1 + e^{i\gamma}|^p d\gamma.$$

If $F(\theta) \neq 0$, we take $t = \frac{|G(\theta)|}{|F(\theta)|}$, then by (26), $t \geq 1$ and we get

$$\begin{aligned} \int_0^{2\pi} |F(\theta) + e^{i\gamma} G(\theta)|^p d\gamma &= |F(e^{i\theta})|^p \int_0^{2\pi} \left| 1 + \frac{G(e^{i\theta})}{F(e^{i\theta})} e^{i\gamma} \right|^p d\gamma \\ &= |F(e^{i\theta})|^p \int_0^{2\pi} \left| \frac{G(e^{i\theta})}{F(e^{i\theta})} + e^{i\gamma} \right|^p d\gamma \\ &\geq |F(e^{i\theta})|^p \int_0^{2\pi} |1 + e^{i\gamma}|^p d\gamma. \end{aligned}$$

For $F(\theta) = 0$, this inequality is trivially true. Using this in (28), we conclude that for arbitrary real or complex numbers α, β , with $|\alpha| \leq 1, |\beta| \leq 1, R > r \geq 1$ and $0 \leq \theta < 2\pi$,

$$\begin{aligned} &\int_0^{2\pi} |1 + e^{i\gamma}|^p d\gamma \int_0^{2\pi} \left\{ |P(R e^{i\theta}) + \varphi(R, r, \alpha, \beta) P(r e^{i\theta}) + \frac{|R^n + \varphi(R, r, \alpha, \beta) r^n| - |1 + \varphi(R, r, \alpha, \beta)|}{2} m \right\}^p d\theta \\ &\leq \left\{ \int_0^{2\pi} |R^n + \varphi(R, r, \alpha, \beta) r^n + e^{i\gamma} (1 + \varphi(R, r, \alpha, \beta))|^p d\gamma \right\} \left\{ \int_0^{2\pi} |P(e^{i\theta})|^p d\theta \right\}. \end{aligned} \quad (29)$$

Since

$$\int_0^{2\pi} |R^n + \varphi(R, r, \alpha, \beta) r^n + e^{i\gamma} (1 + \varphi(R, r, \alpha, \beta))|^p d\gamma = \int_0^{2\pi} |R^n + \varphi(R, r, \alpha, \beta) r^n + e^{i\gamma} (1 + \varphi(R, r, \alpha, \beta))|^p d\gamma,$$

From (29), we obtain

$$\begin{aligned} &\int_0^{2\pi} \left\{ |P(R e^{i\theta}) + \varphi(R, r, \alpha, \beta) P(r e^{i\theta}) + \frac{|R^n + \varphi(R, r, \alpha, \beta) r^n| - |1 + \varphi(R, r, \alpha, \beta)|}{2} m \right\}^p d\theta \\ &\leq \frac{\int_0^{2\pi} |R^n + \varphi(R, r, \alpha, \beta) r^n + e^{i\gamma} (1 + \varphi(R, r, \alpha, \beta))|^p d\gamma}{\int_0^{2\pi} |1 + e^{i\gamma}|^p d\gamma} \int_0^{2\pi} |P(e^{i\theta})|^p d\theta \end{aligned}$$

This gives for every real or complex number δ with $|\delta| \leq 1$,

$$\left\| |P(Rz) + \varphi(R, r, \alpha, \beta) P(rz)| + \delta \left\{ \frac{|R^n + \varphi(R, r, \alpha, \beta) r^n| - |1 + \varphi(R, r, \alpha, \beta)|}{2} m \right\} \right\|_p \leq \frac{C_p}{\|1 + z\|_p} \|P(z)\|_p.$$

That proves the Theorem completely.

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